

# First Aid Training Courses

Groups trained on site at your premises by our team of fully qualified and experienced first aid trainers.



## First Aid At Work Annual Refresher

### Course Overview

HSE guidelines state that employers should ensure their first aiders remain competent to perform their role, therefore it is strongly recommended that first aiders undertake annual refresher training to practise their skills and update their knowledge on the latest first aid procedures.

This First Aid at Work Annual Refresher course is specifically designed to allow qualified first aiders to update their first aid skills each year until re-qualification training is required. Participants will leave with a renewed confidence, having had the opportunity to practise essential first aid procedures, as well as learn the latest techniques needed to deal with an emergency situation. This half day course is an ideal way to satisfy HSE requirements and develop staff skills whilst minimising disruption to your organisation's day to day activities.

### Who is this course for?

This course is suitable for existing first aiders and emergency first aiders wishing to update their skills and knowledge.

### Course Content:

Assessing an incident  
Managing an unresponsive casualty  
Cardio Pulmonary Resuscitation (CPR)  
Recovery Position  
Choking  
Seizures  
Shock  
Wounds and bleeding

**Duration:** 3 Hours

**Certification:** After the course successful participants will receive a First Aid at Work Annual Refresher certificate.

**Additional information:** This course is subject to continuous assessment of participants practical first aid skills throughout the day. Delegates attending this course must bring a valid form of photographic I.D.

### Why our customers choose Facts Training

We are a reliable and friendly company with many years experience in delivering quality first aid training to organisations however large or small across the UK.

We offer a range of flexible and cost effective training solutions to suit all types of businesses, our team of fully qualified and experienced instructors can come to you and deliver your group training course on site at a date and time to suit you.

### Our course prices have **NO Hidden Extras** and include:

- Professional tuition by fully qualified first aid instructors
- All course materials
- Full colour first aid manual for each participant
- Certification



We come to you  
across the UK

**Contact our friendly office  
team to discuss your  
course requirements on  
01626 365615 or  
[info@factstraining.co.uk](mailto:info@factstraining.co.uk)**