

First Aid Training Courses

Groups trained on site at your premises by our team of fully qualified and experienced first aid trainers.



Level 3 Award In Emergency First Aid At Work (RQF)

Course Overview

The Level 3 Emergency First Aid at Work (RQF) course is designed for individuals who wish to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations with an understanding of the role of the first aider. The course will also assist employers to fulfil their responsibilities under the Health and Safety (First Aid) Regulations 1981 which states all organisations must make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks introduced in the recent HSE changes.

Who is this course for?

This course is suitable for most lower risk workplaces and is designed for people who have a specific responsibility at work, or in voluntary and community activities, to provide First Aid when dealing with an emergency situation. There are no formal entry requirements but in order to benefit from the course participants should possess reasonable communication skills.

Course Content:

The roles and responsibilities of an emergency first aider

Assessing an incident
Managing an unresponsive casualty
Cardio Pulmonary Resuscitation (CPR)
Safe use of an AED
Recovery Position
Choking

Seizures
Shock
Wounds and bleeding
Minor injuries - Cuts, grazes and bruises, Minor burns and scalds
Use of first aid equipment
Record keeping

Duration: 1 day.

Certification: After the course successful participants will receive a Level 3 Award in Emergency First Aid at Work certificate and a first aider wallet card. Certificates are valid for a period of 3 years, after which the learner will need to retake the course in order to remain qualified.

Additional information: All course materials and first aid handbook for each participant are provided. This course is subject to continuous assessment of participants practical first aid skills throughout the day by the tutor followed by a multiple choice assessment paper.

Delegates attending this course must bring a valid form of photographic I.D.

Why our customers choose Facts Training

We are a reliable and friendly company with many years experience in delivering quality first aid training to organisations however large or small across the UK.

We offer a range of flexible and cost effective training solutions to suit all types of businesses, our team of fully qualified and experienced instructors can come to you and deliver your group training course on site at a date and time to suit you.

Our course prices have **NO Hidden Extras** and include:

- Professional tuition by fully qualified first aid instructors
- All course materials
- Full colour first aid manual for each participant
- Certification



We come to you across the UK

Contact our friendly office team to discuss your course requirements on 01626 365615 or info@factstraining.co.uk