

# First Aid Training Courses

Groups trained on site at your premises by our team of fully qualified and experienced first aid trainers.



## Level 3 Award In First Aid At Work (RQF)

**Course Overview:** The Level 3 First Aid at Work course is an in depth first aid training course designed to enable participants to attain the knowledge and skills needed to become a first aider in their workplace. At the end of the course participants will be able to demonstrate the practical administration of safe, prompt and effective first aid in emergency situations with an understanding of the role of the first aider. The course will also assist employers to fulfil their responsibilities under the Health and Safety (First Aid) Regulations 1981 which states all organisations must make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks introduced in the recent HSE changes.

**Who is this course for?** This course is designed for people who have a specific responsibility at work, or in voluntary and community activities, to provide First Aid when dealing with an emergency situation. There are no formal entry requirements but in order to benefit from the course participants should possess reasonable communication skills.

### Course Content:

- The role of the first aider
- Incident & casualty assessment
- Cardiopulmonary resuscitation (CPR)
- Safe use of an AED
- Recovery position & management of seizures
- Choking
- External bleeding
- Shock
- Minor injuries
- Preventing cross infection
- Record keeping and reporting
- Use of first aid equipment
- Fractures
- Sprains and strains
- Spinal injuries
- Chest injuries
- Burns and scalds
- Eye injuries
- Poisoning
- Anaphylaxis
- Heart attack
- Stroke
- Epilepsy
- Asthma
- Diabetes

**Duration:** 3 days.

**Certification:** After the course successful participants will receive a Level 3 Award in First Aid at Work certificate and a handy first aider wallet card. Certificates are valid for a period of 3 years, after which the learner will need to undertake a first aid at work re-qualification course in order to remain qualified.

**Additional information:** All course materials and first aid handbook for each participant are provided. This course is subject to continuous assessment of participants practical first aid skills by the tutor followed by a multiple choice assessment paper.

Delegates attending this course must bring a valid form of photographic I.D.

**Course Price:** £1195.00 for a group of up to 12 people.

### Why our customers choose Facts Training

We are a reliable and friendly company with many years experience in delivering quality first aid training to organisations however large or small across the UK.

We offer a range of flexible and cost effective training solutions to suit all types of businesses, our team of fully qualified and experienced instructors can come to you and deliver your group training course on site at a date and time to suit you.

### Our course prices have NO Hidden Extras and include:

- Professional tuition by fully qualified first aid instructors
- All course materials
- Full colour first aid manual for each participant
- Certification



We come to you  
across the UK

**Contact our friendly office  
team to discuss your  
course requirements on  
01626 365615 or  
[info@factstraining.co.uk](mailto:info@factstraining.co.uk)**